Sunset Heal Lemon Grass Spa Offerings



Visitors to Sunset Heal Mountain Retreat and Spa Report Spontaneous Healings... Epilepsy & Bells Palsy Disappear After Reiki Treatments

According to these visitors to Sunset Heal, their healings were nothing short of miraculous. They also agree that Beatrice Vergano, the owner of Sunset Heal and the Reiki Master who worked on them, has a very special healing energy.

Read how these visitors experienced healings of Epilepsy and Bells Palsy after Reiki treatments by Beatrice Vergano, Spa Owner. But they experienced more than just a healing of their physical problems. These clients all testify that they felt an amazing energy come through them, and in the case of Russ Wolgast, a healing of his emotional state as well as his physical one.

Testimonial from Russ Wolgast – <u>invegas7@gmail.com</u> April 9, 2009

"I was going through a stressful time in my life. The doctors had diagnosed me with Bells Palsy. Part of my face was paralyzed, the right side drooped. I could not smile and it was evident by looking at me that something was very wrong. When it first happened, I thought I was having a stroke.

Even worse, I couldn't be in front of people, and since I was in the advertising business, this was affecting my career also. Combined with my personal issues and going through a divorce, I was simply devastated.

A friend and I went to Jamaica. A mutual friend knew Beatrice Vergano, owner of Sunset Heal Mountain Retreat and Spa. He brought me to her spa at Sunset Heal to meet her. She was having lunch and she looked up at me, not even knowing me, and said, "I think I can help you."

What she didn't know was that I'd been to many doctors for more than a year and a half, and still I had not recovered. I actually had facial surgery to make my face more symmetrical, but even after the surgery, my mouth would not smile. I was emotionally drained, going through a divorce, and when she said, "I think I can help you with that," I was very skeptical.

She explained that she would use something called Reiki on me. At that point in my life I did not believe in anything like complementary or alternative medicine, but I was so distraught, I decided I would try anything.

I have to tell you that there was something about Beatrice's energy. It was so authentic and radiated. I just trusted her for some reason.

So I decided to stay at Sunset Heal Spa with her. My stay there was simply amazing.

When we did the first Reiki session, I was nervous, but Beatrice made me feel very comfortable. It changed my spirits, and it was like nothing I'd ever experienced in my life. I had no expectations, but clearly something was happening there. There was a transfer of energy is the only way I can describe it.

I went through a series of emotions as Beatrice explained that she was aligning energy points in my body – not just my face.

The session was SO POWERFUL. Immediately afterward I noticed more muscle movement in my mouth! But equally important, I felt a renewal of my Spirit, a cleansing of my emotional pain. A sense of new hope.

In the second session, I felt the energy faster and more immediately. That session the connection happened even faster and more powerfully.

It was amazing. I never truly believed there was much to this stuff, but here I was clearly feeling it emotionally and physically. The currents of energy just went through every part of my being!

My face would be twitching ...I could tell it was being stimulated physically. But my entire physical and emotional being was being healed and cleansed and renewed at the same time.

At the third session, I was emotionally more in line and stronger as a person. It's kind of hard to put in words. The transformation of my emotional and physical self from just three Reiki sessions is really outside of words.

When I first came to Sunset Heal, I was so emotionally drained that I felt almost empty. But after experiencing the Reiki and massage sessions at Sunset Heal I really did feel different.

I felt empowered emotionally. I suddenly felt I could go back and get on with my life. I didn't feel the same void and devastation.

I was going through a divorce and had been married a long time. I just never expected a divorce to happen, nor did I ever anticipate the devastation to my spirit it would create.

Each session was different, but each was simply amazing. But in the last session, something happened to me that had never happened in my life.

I felt a connection with Beatrice and the Source of Energy ... a warm luminous feeling – an understanding and a love that was indescribable. I do not really have words for it. I connected with Beatrice on another plane. It is probably the closest I've ever felt to anyone.

Something else was strange. She had this amazing music in the room and the sound effects were astounding. I know a lot about music, so the next day when I went back to the spa room, I looked for her special equipment. But there wasn't any! What had I been hearing? Celestial tones? I still do not have an explanation!

So, I must say in this very long testimonial that I had a healing of my body and my spirit. I was renewed emotionally and physically and it was as though a new Spirit of energy had entered my entire Being.

But I must also say that I believe a BIG PART of this is Beatrice. I believe she is a natural healer. She has some kind of extraordinary energy that I have never encountered before or since. I have sought out other Reiki practitioners, but have never had an experience anywhere close to my experience with Beatrice.

It is not just the environment at Sunset Heal, which is almost magical. It is Beatrice. She is kind, loving, giving, and genuinely wants to help others with her gift.

I will recommend Sunset Heal Mountain Retreat and Spa to anyone and everyone – but more importantly, I will recommend Beatrice. She is, I believe, a very special Being on this planet, with extraordinary gifts and a deeper connection with something that comes through her when she does her Reiki or her massage.

If you want to be healed and you want a genuine healer, who comes from pure intent, you MUST see Beatrice Vergano at Sunset Heal Mountain Retreat and Spa in Jamaica. It will change your life.

It certainly changed mine.

P.S. I will be happy to speak with anyone who would like me to verify this information or answer any questions. Email me at: invegas7@gmail.com

Cornalious McInToch –Video: http://www.youtube.com/watch?v=rNLnPFQwA4w Testimonial Date: February, 2009

"I was experiencing dizziness, was losing weight, had no energy, and then I had an epileptic attack. The doctors diagnosed me with epilepsy and said there was no cure, only drugs.

My brother told me about Beatrice and Sunset Heal Spa and said I should go see her. He said not to be afraid, she had healing hands and I should let her try to help me.

So I went to see her. When I saw the massage bed, she comforted me and told me there was nothing to fear. I didn't know about Reiki, but because my brother said she was ok, that I could trust her, I got on the table and let her start her work.

I felt like I was being reborn! She said, "It's a good feeling, isn't it?" I couldn't believe how much energy I had after she finished.

I saw Beatrice three times and the epilepsy went away! And it has stayed away since I saw her in 2003.

I am now one of the best athletes in Jamaica in the Shot Put and Discus Throw and recently placed #1 in a countrywide competition!

I still don't know what Reiki really is, but I do know what it did for me. It gave me my life back."

Mr. Campbell

Testimonial Date: 3/6/2009

Watch his testimonial on Youtube:

http://www.youtube.com/watch?v=_HWSaNSRbkQ

"I can still recall the incident vividly. I was at Beatrice's Spa to do some work (I am a Public Health Inspector) and I had a problem communicating with her. I couldn't speak. I told her the doctor said I had Bells Palsy, a facial paralysis disease. My face was twisted from one side to the other and I couldn't speak properly.

Beatrice said she might be able to help me with something she called Reiki.

I thought, "Oh really now?"

She explained that Reiki is non-traditional medicine, and it does something with energy. She asked if I was willing to let her try to help me.

I nodded.

We went into her spa room, she washed her hands, then she did a prayer. Then she put a light on in the room.

Next, she put her hands on my jaw on both sides. Her hands became very warm. It felt like she was putting a bag of hot water on me.

I could feel some kind of connection between my face and her hands that I now know must have been the healing process taking place.

I felt wonderful. My face returned to normal within 2 days!

My doctors had said it could take as long as two years. I had already been this way for six months and the only thing the doctors told me to do was chew gum to exercise my face.

My face has been normal ever since. The thing I remember the most is how warm her hands became and the strange connection I felt – something I'd never felt before.

Whatever this Reiki is, it is a wonderful thing. And so is Beatrice. She does have healing hands!"

Learn More About Reiki Here: http://www.sunsethealjamaica.com/reikisession.pdf

About Bell's Palsy

The symptoms of Bell's palsy usually come on very quickly - often in a few hours or overnight.

The main symptom is that one side of your face becomes weak or paralyzed. You may also find that your eyebrow sags and you find it difficult to close your eye. For some people, mild earache or a pain behind the ear is the first sign of Bell's palsy. You may also find that:

- your mouth sags
- saliva and drinks dribble from your mouth
- you find it difficult to speak
- you can't taste at the front of your tongue, or you have an altered sense of taste
- your eye is dry or watery on the affected side of your face
- your eyelid droops
- you have unusually sharp hearing on the affected side of your face

While Bells Palsy may correct itself on its own, in many cases, it does not. Often, surgery is one remedy, but that is often not successful either. There is no known cure for Bells Palsy.

What is Epilepsy?

Epilepsy is a neurological condition that from time to time produces brief disturbances in the normal electrical functions of the brain. When someone has epilepsy, this normal pattern may be interrupted by intermittent bursts of electrical energy that are much more intense than usual. They may affect a person's consciousness, bodily movements or sensations for a short time.

These physical changes are called epileptic seizures. Epilepsy may be treated with drugs, surgery, a special diet, or an implanted device programmed to stimulate the vagus nerve.

Listen to What Others Say:

"Beatrice has a wall full of degrees and certifications in fields such as Reiki, Theta DNA and Aromatherapy and she specializes in Massage Therapy for physical ailments. She has had **success in helping stroke victims** recover from facial paralysis which I found impressive. I always saw that as a permanent condition but the nerve and muscle damage can be repaired or retrained.

I'll confess to not knowing much about exactly what Beatrice does but I can tell you she knows what she is doing. She is an intelligent and articulate woman who speaks with confidence and I'm impressed with her ideas on healing and alternative medicine. I was most intrigued by what I learned about DNA Theta Healing but you can get Reiki and Massage treatments as well. Theta Healing may hold some promise for my autistic son and we're exploring ways she can help us with his condition."

www.jamaicamax.com

<u>Healings Experiences at Sunset Heal</u> -- At Sunset Heal we have testimonials from many clients who have experienced amazing results from the Sunset Heal Spa treatments. Those clients include individuals suffering from: cancer, epilepsy, neurological disorders, fibromyalgia and a host of other theoretically incurable diseases.

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